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PHARMACEUTICAL COMPOSITIONS COMPRISING NATURAL HUMAN alpha - INTERFERON

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Abstract of WO9731649

Use of natural human alpha -interferon for the preparation of a medicament in liquid form to be administered through peroral route at dosages comprised between 100 UI and 500 UI/day, for therapy of viral infections, in particular viral hepatitis, neoplasia and immune diseases in humans and animals.

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Use of natural human α -interferon for the preparation of a medicament in liquid form to be administered through peroral route at dosages comprised between 100 UI and 500 UI/day, for therapy of viral infections, in particular viral hepatitis, neoplasia and immune diseases in humans and animals.

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PHARMACEUTICAL COMPOSITIONS COMPRISING NATURAL HUMAN α-INTERFERON

The invention concerns pharmaceutical compositions for a peroral administration comprising natural human α -interferon isolated from lymphoblastoid or leukocitic cells. In particular compositions are useful for therapy of viral infections, in particular viral hepatitis, neoplasia and immunodeficiency syndromes. The interferon efficient dosages are clearly lower than dosages utilized for parenteral administration.

 α -, β -, γ -interferons are usually administered by injection and are used for therapy. α -interferon is the most largely utilized interferon (1). In an updated study of medicaments for either acute or chronic viral hepatitis therapy (2), only α -interferon is widely accepted as single therapeutic agent.

"Viral hepatitis" means at least five different pathologies, having different agents, namely A, B, C, D, E.

The therapeutic trend is to treat said pathologies with α -interferon, with dosages according to the kind of hepatitis, to the overall status of the subject and to other variable factors. In general, further to the interferon treatment an almost normalisation clinical and biochemical parameters is achieved for chronic hepatitis (B, C, D). The interferon activity on acute hepatitis has not been focused yet, though for hepatitis C, a therapeutic treatment with α -interferon lowers the chronicition rate of the disease.

Therapeutic cycles indicate the day alternate administration through subcutaneous route of recombinant α -interferon (r α -IFN) at dosages of app. 5.000.000 UI, that in special cases can be up to 9.000.000 UI/day.

The length of therapeutic cycles is of from six months up to one year (nine months average).

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In many cases, undesired side effects interfere with the course of therapeutic treatment. In fact some patients, in particular those at an advanced stage of disease or with severe physiologic damages, do not tolerate the therapy and therefore the treatment should be interrupted. Claimed side effects are: fever, nausea, vomit, tiredness, algia and depression.

Moreover the therapeutic cost are quite relevant both due to the high amount of active principle (more than 8.000 new cases each year in Italy and 300.000 world-wide) and to the necessity of hospitalisation just in consideration of said side effects further to the parenteral administration (day hospital or outpatients' department).

Finally, as far as chronic active viral hepatitis the only alternative to the interferon treatment is represented by liver transplant.

The clinical trend is to increase the posology dosage and the length of therapeutic cycle (3), but clinical data show (4): severe side effects; low acceptance by the patient; high therapeutic costs. Garcia et al. (5) report that the estimate for each cured patient is between 700.000 and 2.000.000 English pounds Capri S. (6) report that the cost of each interferon therapeutic treatment is of Lit. 70.000.000/subject.

It is therefore evident that the actual composition of interferon for therapeutic treatment of hepatitis is not optimal.

Moreover clinical resul's show a better therapeutic efficacy in patients which the notation the main target for therapy, namely: young subjects, subjects with a disease at an initial stage, subjects infected with genotipic virus 2 or 3, low viremia subjects. On the contrary a less therapeutic efficacy can be found in those subjects which really need the therapeutic treatment (subjects poco respondent), as subjects affected by an aggressive

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form (active chronic hepatitis), long length diseases affected subjects, over 50 subjects. Thus patients that really need an immediate interferon treatment are those that have a lower chance of success (7).

The authors of the instant invention have found a pharmaceutical composition comprising natural human α interferon from either lymphoblastoid or leukocitic cells to be administered through peroral route, with dosages clearly lower than those used for parenteral The composition maintains as unaltered administration. chemical-physical, biological pharmacological and characteristics of the active principle, having a therapeutic effect substantially analogous to compositions of prior art but overcoming disadvantages thereof.

The composition is preferably in a liquid form with a concentration of 100 to 500 UI/ml, preferably approx. 150 UI/ml, most preferably in mono-dosage units, most preferably of appr. 1 ml.

The composition acts by activating the defence mechanisms against viral infections, tumour growth and stimulates an immune response.

The utilisation of natural interferon was chosen for the better chances of therapeutic success with respects to recombinant interferon, obtained by cloning of a single subtype.

Though leukocitic and lymphoblastoid interferons exert the same therapeutic properties, the former can be advantageously produced. As a matter of fact it is obtainable by stabilised cell lines, without the need of blood donors.

Processes for purifying interferons are known to those skilled in the art, and for example are shown in US Patent 4,732,683; in Cantell K. and Hirvonen S. Texas Reports on Biology and Medicine, Vol. 35, p.138, 1977; in Zoon K.C. et al. Science 207, p. 527, 1980.

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The peroral route is generally much more accepted by subjects, makes easier posology schemes and dosages, lowers to stops the antigenic risk, induces the transmission and amplification signal mechanism, with a mirato therapeutic effect, with dosages 100 times lower than known formulations for parenteral administrations.

The low dosage annuls the risk of toxic effects; allows a better availability of medicine to satisfy an increasing request and a drastic lowering of therapeutic costs.

The preferred formulation in dosage units of small volumes (1 ml) to drink allows an immediate availability of the active principle, a good standard of cleanliness from the monodosage primary container; the certainty of the taken dosage; the taking of the active principle to be immediately adsorbed by the oro-pharyngeal mucosa, easily preventing the deglutition, an ease and safe way of administration for all of patients, as opposite to lozenges or tablets formulations that should be kept in the mouth till to full dissolution, with high chances of swallowing.

Moreover the composition of the invention is conveniently used for home therapies or on the job place, as precautionary measure for the prophylaxis of viral pathologies, and to control chronic diseases which need of long therapeutic cycles (even yearly) and often recurrent.

The composition can be used also in association with other drugs to get synergism and optimize therapeutic schemes.

The following clinical studies show the therapeutic effect. A comparison of the electrophoretic protein pattern and of the concentration of IgG, IgA, IgM, before the beginning of the peroral therapy with natural human α -interferon of hepatitis or other pathologies affected subjects, before and after two weeks of therapeutic

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treatment, allows to foreseen quali-quantitatively the subject response.

Subjects which respond to the therapy with 450 UI/die dosages show a decrease of $\alpha 2-$ and β -globulins, of IgGs, of the IgG/IgA ratio, together to an increase of IgA and IgM concentrations, have a good chance of eliminate the HBVe antigen and to seroconvert, namely to confer a stable remission of the pathology.

On the other hand subjects which respond to the same therapy with a decrease of albumin serum concentration, of IgGs, IgAs, IgMs, together to an increase of αl -globulin fractions, should seronvert with longer times.

Moreover subjects that respond with an increase of IgGs, of the IgG/IgA ratio, together to a decrease of IgM and of the IgA/IgM ration, could be resistant to the therapy.

The monitoring of said parameters (markers) is useful for a planning of therapeutic strategies in clinic and also for the clinical practitioner.

Clinical studies on healthy subjects

Table 1 shows different therapeutic schemes.

Table 1

Exp.		active comp.	No. admin. /day	Dosages	days trt.	blood bleedings
A	аA	α-IF	1(3dsg)	450 UI	1	$T_{0}, T_{1}, T_{2}, T_{3},$
	aВ	placebo	1(3dsg)	-	1	$\mathbf{T}_0, \mathbf{T}_1, \mathbf{T}_2, \mathbf{T}_3$
В	bA	α -IF	1(3dsg)	450 UI	5	$T_0, T_1, T_2, T_3, T_4, T_5, T_6, T_7$
	bB	placebo	1(3dsg)	_	5	$T_0, T_1, T_2, T_3, T_4, T_5, T_6, T_7$
C .	cA_1	α-IF	2(1dsg)	300 UI	1	T_0, T_1, T_2, T_3
	cA:	α-IF	3(1dsg)	450 UI	1	T_3 , T_1 , T_2 , T_3
	cb		3(1dsg)	-	1	T_0, T_1, T_2, T_3
D	dA:	α-IF	2(1dsg)	300 UI	5	$T_3, T_1, T_2, T_3, T_4, T_5, T_6, T_7$
	dA;	α -IF	3(1dsg)	450 UI	5 .	To, T ₁ , T ₂ , T ₃ , T ₄ , T ₅ , T ₅ , T ₇
	dB	placebo	3(1dsg)	-	5	$T_0, T_1, T_2, T_3, T_4, T_2, T_7, T_7$

 $T_{\rm e}=$ background; $T_{\rm e}=$ ld further the first administration, $T_{\rm e}=$ 2d further the first administration, $T_{\rm e}=$ 3d further the first administration, $T_{\rm e}=$ 4d further the first administration, $T_{\rm e}=$ 5d further the first administration, $T_{\rm e}=$ 1d after the treatment suspension, $T_{\rm e}=$ 2d after the treatment suspension.

The change of the induced biological response with respect to the therapeutic scheme, has been measured on samples of blood, taken at different times. In particular the activity with respect to the day dosage of active principle, to the mono- or pluri-administration, to the length of the therapeutic cycle was measured.

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The analysis of data show that natural numan α -interferon from either lymphoblastoid or leukocitic cells, administered at low dosages for a peroral route, is able to modulate (according to the dosage and to the length of the therapeutic cycle) the expression of membrane antigen of healthy subject blood mononuclear cells. In particular, according to therapeutic scheme, the pharmaceutical composition seems to be able to increase both CD4 and CD8 cell population. It is also evident an increased expression of markers of cell activation, as DR antigens and interleukin 2 receptor.

The therapeutic scheme with 450 U/die x 5 d (exp.b) is the one provided better results, as shown in Tables 2 and 3. In fact there is an increase ($\frac{3}{2}$ and absolute) of CD3, CD4, DR1, CD25 lymphocytes. Said increases are, according to different cases, better evident at T_3 , T_4 , T_5 times to later decrease at T_6 and T_7 -times.

The same posology dosage, but with a shorter therapeutic cycle (1 day) (exp.a), interferes less evidently with the \S and absolute numbers of mononuclear cells in the blood (Tables 4 e 5). In fact in this experiment an increase of average percentage values but not of absolute T, CD8, and class II hystocompatibility antigen lymphocytes values, is evident at time T_3 .

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Other experimental conditions show lower increases of the immune response.

Therefore, natural human α -interferon from either lymphoblastoid or leukocitic cells, administered at low dosages trough peroral route, shows an important role in modulating the immune response, both in the phase afferent than efferent, e has a therapeutic application for the treatment of infective diseases and of other conditions of immunodeficiency.

Clinical studies on hepatitis subjects

Viral B Hepatitis

14 patients affected by chronic viral B hepatitis, with an age comprised between 4 and 59, were used for random studies.

subject were previously treated 15 All οſ different periods ranging from some months to some years with steroids, or with steroid-azothiopurine, with no the clinical beneficial effects. neither for symptomatology nor for the biochemical parameters of the disease, which evolved, in some cases, to hepatic 20 cirrhosis.

The therapeutic treatment of a one administration after immediately initiated 150U/day was suspension of the previous treatment, and effects of said treatment were monitored by checking any alteration of response; of the haematological the immune biochemical parameters; of serum markers of the viral infection and of the hystochemistry of hepatic bioptic samples.

The time of observation varied from 15 to 32 months and results can be summarized in the following:

1) all of patients during the first 3-6 weeks of treatment registered a transient decay of hepatic biochemical functions (i.e. a 2-3 fold increase of alanineaminetransferase (ALT) levels), with no clinical symptoms of disease worsening;

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- 2) the phenomenon goes on for 4-6 weeks;
- 3) in all of treated patients an intense activation of the immune system was observed, even after the therapeutic treatment;
- 4) 7 patients eliminate HBV DNA and HBeAg from serum and stable seroconvert;
 - 5) 1 patient has an HBcAg increased title, more than the original value;
- 6) in other 9 patients said titre decreases 10 significatively.

Therefore, 50% of patients get a stable remission of the disease.

Viral C Hepatitis

The therapeutic standard of viral hepatitis C foresees the use of α -interferon through parenteral route.

6 active chronic hepatitis C affected patients were subjected to therapy with peroral administration at 150U/die, by starting the treatment just after the suspension of the steroid therapy.

The observation time (equal to the length of the treatment) resulted to be variable from 19 to 69 weeks. In general the treatment was well tolerated and all of patients registered a significant increase of vivacity and appetite, with a better tolerance to physical exercises.

No patients got a normalization of transaminase levels during the observation period, but one which registered the biochemical and clinical remission of the disease, after the treatment suspension at the 19th week due to an increasing of articular pains.

Results are shown in tables 2-5. BIBLIOGRAPHY

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%CD3	69,244,9	71.3±5.2	70.115.1		12,455.4	70,235,1	70,845,3	69,845,7	71,345,6	72,315,8	69,815,3	71,815,4		217-217-3	09,725,2	71,3±5,6	70,245,1	71,515,8 41,513,9 25,114,1	• •
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ple hi > nagaria	7	<u> </u>	ï	70.2±5.9	43,544	23,812,5	415	8,211,3	11,2±1,8	7,311,7	8,510,6
V COMPLET	2		٤	33646	43 5 4 4 3	27 243 1	307	81112	11.2±2.1	10,745	9,311,5
450U1/6 × 1d 3dg	P	303	12	19001	13,321,3	17777	77				
or come and	7	3 46	Τ,	70145.6	44,144,7	24,713,1	1,440,9	7,711,4	12,127	8,140,9	8 8113
O CONTRACT		1	-	77 046 7	44148	77±74	23119	11.2115	10,911,9	6,310,7	12,213,1
450UI/d x 1d 30S	P	8	13	7,010,11	0,12,1						1 1 2 0 7
ohr his caro	3	7	Ţ.	70.315.4	43,915,1	24,713,3	ŝ	8,140,9	10,5±1,7	8,511,6	10/21/4
PIACEUU X	2	1				1					

Student's "t" test

b vs a = p<0,01; c vs d = p<0,05; e vs f = p<0,05

Tab. 4

n./mm³ 192179 182175 106180 21018 11517 134161 251 #82 CD14 177163 n'/mm³ 176176 170¢89 182180 180186 101157 130198 707194 19911 n./mm³ 250449 210180 152199 261172 242185 197161 131191 111197 8 Student's "t" test n*/mm³ 1801128 1751126 189181 238E124 193191 191180 MIICI 156477 183481 n*/mm³ CD25 4,1141 37130 34221 7 7 틧 7 ₹ n*/mm³ 1017169 586176 5554188 607±172 S471156 261+162 589497 5364141 p<0,05; f vs e = p<0,01 n./mm3 10451178 10831189 10141202 10171197 9401184 9494189 9381183 9174182 CO n'/mm³ 1723±329 16151222 15012218 1637±236 1587±132 1654134 16731124 1521223 CD3 TIME 17 To -7, T b vs a - p<0,05; d v 303 343 띯 3d S SdS 3ds 393 Spe TREATMENT pı x v 1d P P p1 × p., x pı × PLACEBO PLACEBO PLACEBO PLACEBO. 450UI/d 450UI/d 450UI/d 450UI/d

Tab. 6 -

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CLAIMS

- 1. Use of natural human α -interferon for the preparation of a medicament in liquid form to be administered through peroral route at dosages comprised between 100 UI and 500 UI/day, for therapy of viral hepatitis in humans and animals.
- 2. Use of natural human α -interferon for the preparation of a medicament in liquid form to be administered through peroral route at dosages comprised between 100 UI and 500 UI/day, for therapy of neoplasia and immunologic diseases in humans and animals.
- 3. Use of natural human α -interferon according to claims 1 or 2 wherein said interferon is obtained from lymphoblastoid cell cultures.
- 4. Use of natural human α -interferon according to claims 1 or 2 wherein said interferon is obtained from lymphocyte cells.
 - 5. Use of natural human α -interferon according to any of previous claims wherein said medicament is administered in mono dosage units of appr. 1 ml.
 - 6. Pharmaceutical liquid composition for peroral administration comprising natural human α -interferon either from lymphoblastoid cell cultures or from lymphocyte cells at a concentration between 100 UI/ml and 500 UI/ml.

INTERNATIONAL SEARCH REPORT

Intern at Application No

			PC1/11 97/00040
A. CLASS IPC 6	IFICATION OF SUBJECT MATTER A61K38/21		
	to International Patent Classification (IPC) or to both national	classification and IPC	
	S SEARCHED tocumentation searched (classification system followed by classification system followed by class	ofication symbols)	
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Documenta	tion searched other than minimum documentation to the extent	that such documents are inclu	ded in the fields searched
Electronic o	data base consulted during the international search (name of da	ta base and, where practical, s	earch terms used)
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C. DOCUM	MENTS CONSIDERED TO BE RELEVANT		
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X Furt	ther documents are listed in the continuation of box C.	X Patent family m	embers are listed in annex.
* Special ca	tegories of cited documents:	"T" later document nubit	shed after the international filing date
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13	3 June 1997	07.07.97	
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(57) Abstract

Use of natural human α-interferon for the preparation of a medicament in liquid form to be administered through peroral route at dosages comprised between 100 UI and 500 UI/day, for therapy of viral infections, in particular viral hepatitis, neoplasia and immune diseases in humans and animals.

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